

## Review ePetition

**Title:** Save Northbrook Pool

### **Statement:**

We the undersigned petition the council to I am presenting this petition to you in regard to the news of possible closure of the Northbrook Pool. I am someone who uses this facility a number of times a week and it is incredibly important for my mental and physical wellbeing. I know this is the case for many in the local community. I know the argument may be there are other facilities in Exeter. However, many cannot travel or afford transport or parking for central town. The benefit of a truly local facility such as the Northbrook is valuable for the community. The area is a more deprived area and having an accessible local pool is something we should fight for. The community of the Northbrook is special. The range in ages and people who have been brought together by their love of the pool, activity and connection is unique. I have met and engaged with people I would never have if not part of my day. I love our interactions and the benefits to my wellbeing has been monumental. Not only is it a wonderful and vital local

### **Justification:**

The Northbrook swimming pool is more than just a facility for physical activities. It is a hub that brings our community together, enabling us to find solace in the company of our neighbors and friends. The shared experience at the swimming pool eases loneliness and tightens bonds among the locals. It also provides a significant boost to our mental and physical wellbeing. Swimming is known to enhance mood and decrease anxiety - a fact supported by Mental Health organisations. Furthermore, it offers a chance for physical exercise, which is crucial for health. Many members and frequenters can't manage or afford travel to city centre locations. The closing of Northbrook Swimming Pool would deprive us of these benefits and rip the community of a vital facility in a less affluent area.

Hence, we call the relevant authorities to reconsider their decision and work towards keeping the swimming pool open. Join us in our fight to keep our community center alive and thriving